

**Volleyball/Cross Country**

**Practices Begin: August 30, 2016**

<u>SEPTEMBER</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
13	AACS	St. Paul	4/5 PM
15	Steiner	Steiner	4/5 pm
16	St. Paul Cross Country Invitational	St. Paul	4:00 PM
17	Volleyball SPIT JV and V	St. Paul	All Day (JV 830/V 1130)
20	CTK	CTK	4/5 PM
22	WCA	St. Paul	4/5 PM
27	Emerson JV and V	Emerson	45 pm
29	St. Mary	St. Paul	430/530
29	St. Francis Cross Country Meet	County Farm Park Ann Arbor	400 PM
<b>OCTOBER</b>			
4	Spiritus Sanctus Ann Arbor	Spiritus Sanctus	4/5 PM
6	AACS	AACS Hines Park – 33175 Ann Arbor Trail	4/5 PM
7	Lutheran High School Westland XCountry	Westland, MI 48185	415 PM/Leave school @ 230 PM
8	Guardian Dearborn Vball Tournament	Guardian Lutheran School Dearborn	
11	Steiner	St. Paul	4/5 pm
13	CTK	St. Paul	4/5 pm
15	State Xcountry Meet	Lutheran High School North for State Qualifiers	
18	WCA	WCA	4/5 pm
20	Emerson	St. Paul Munson Park 2770 N. Custer Road	4/5 pm
21	Trinity Monroe Xcountry Invitational	Monroe, Mi.	415 PM/Leave school @230 PM
25	St. Mary's	St. Mary	430/530 pm
27	SSA	St. Paul	4/5 PM
29	Volleyball Tournaments Conference JV and V	WCA	All Day (JV 830/V 1130)

**Boy's Basketball**

**BOYS BASKETBALL SEASON Practices Begin November 1, 2016**

<u>NOVEMBER</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
8	AACS	St. Paul	4/5 PM
10	Steiner	St. Paul	4/5 PM
15	CTK	CTK	430/530
17			
22	Emerson	Emerson	4/5 pm
29	St. Mary	St. Paul	430/530
<b>DECEMBER</b>			
1	SSA	SSA	4/5 PM
6	AACS	AACS	4/5 pm
8	Steiner	St. Paul	4/5 pm

<b>Dec. 9-10</b>	Boys SPIT Varsity Only	<b>St. Paul</b>	Friday-Saturday
<b>13</b>	CTK	<b>St. Paul</b>	430/530
<b>20</b>	Emerson	<b>St. Paul</b>	4/5 PM
<b>JANUARY</b>			
<b>10</b>	St. Mary	St. Mary	430/530 ****
<b>12</b>	SSA	<b>St. Paul</b>	4/5 PM
<b>19-22 Conference Tournaments</b>	JV @ Emerson	Varsity @ AACS	

**Girls Basketball**  
**Practices Begin January 19, 2016**

<b>JANUARY</b>	<b>Opponent</b>	<b>Location</b>	<b>Time</b>
<b>31</b>	AACS	<b>St. Paul</b>	4/5 PM
<b>February</b>			
<b>2</b>	Steiner	<b>St. Paul</b>	4/5 PM
<b>FEB. 3-4</b>	Girls SPIT Varsity Only	<b>St. Paul</b>	Friday-Saturday
<b>7</b>	CTK	CTK	430/530
<b>16</b>	St. Mary	<b>St. Paul</b>	430/530 ****
<b>21</b>	SSA	SSA	4/5 PM
<b>23</b>	AACS	AACS	4/5 pm
<b>24 (Friday Game)</b>	Emerson	Emerson	4/5 PM
<b>28</b>	Steiner	<b>St. Paul</b>	4/5 pm
<b>March</b>			
<b>2</b>	CTK	<b>St. Paul</b>	430/530
<b>9</b>	Emerson	<b>St. Paul</b>	4/5 PM
<b>14</b>	St. Mary	St. Mary	430/530
<b>16</b>	SSA	<b>St. Paul</b>	4/5 PM
<b>2-4 Conference Tournaments</b>	JV @ AACS	Varsity @ WCA	Thurs. - Sat.

**All Track Meets Are Tentative**

<b>Track and Field</b>	<b>Practices Begin April 3, 2017</b>	<b>Location</b>	<b>Time</b>
<b>April</b>			
<b>19</b>	Conference Track Meet	Whitmore Lake High School	
<b>26</b>	Trinity Monroe Grades 4-6 Invitational	Monroe High School	4:00 PM
<b>27</b>	Conference Track Meet	Whitmore Lake High School	
<b>May</b>			
<b>6</b>	Trinity Monroe Invitational Grades 4-8	Monroe High School	
<b>11</b>	Conference Track Meet	Whitmore Lake High School	
<b>20</b>	Michigan Regional Track/Field Meet		
<b>June</b>			
<b>3</b>	Michigan State Track/Field Meet	Location to be determined	