

September 2015

St. Paul Lutheran School supports excellence through nutritious food for the health & well-being of each student.

LUNCH



School Information: The kitchen is always in need of volunteers. If you can help, please contact Barb Eisen @ beisen@stpaulannarbor.org.

Welcome to the 2015-2016 SY! The St. Paul Lunch Program offers balanced & nutritious meals which include whole grains, lower-sodium & lower-fat products & fresh fruit when available. Students have a daily choice of the main menu, the salad bar (with 6 or more tasty offerings), or a peanut butter & jelly sandwich (made with wholegrain bread). If your child has not experienced our lunches, we hope they will try us this year!

Monday



Labor Day
No School

Tuesday

Turkey Wrap 1
Fruit Smoothie
Carrot Sticks
Salad
Choice of Milk

Cheese Quesadillas 8
Fruit Smoothie
Vegetable
Salad
Choice of Milk

Spaghetti w/meat 15
Sauce
Vegetable
Fruit
Choice of Milk

Ham & Garlic Noodles 22
Vegetable
Fruit
Salad
Choice of Milk

Sweet & Sour Chicken 29
Steamed Brown Rice
Veggie Eggroll
Oranges
Choice of Milk

Wednesday

2

9

16

23

30

Thursday

3

10

17

24

Friday

Labor Day Holiday 4
No School

Hotdog on w/g bun 11
Baked Beans
Fruit
Choice of Milk
Dessert

Hamburger on Bun 18
Oven-baked Fries
Fruit
Choice of Milk
Dessert

Domino's Pizza 25
Salad
Fruit
Popcorn



The USDA is an equal opportunity provider and employer.